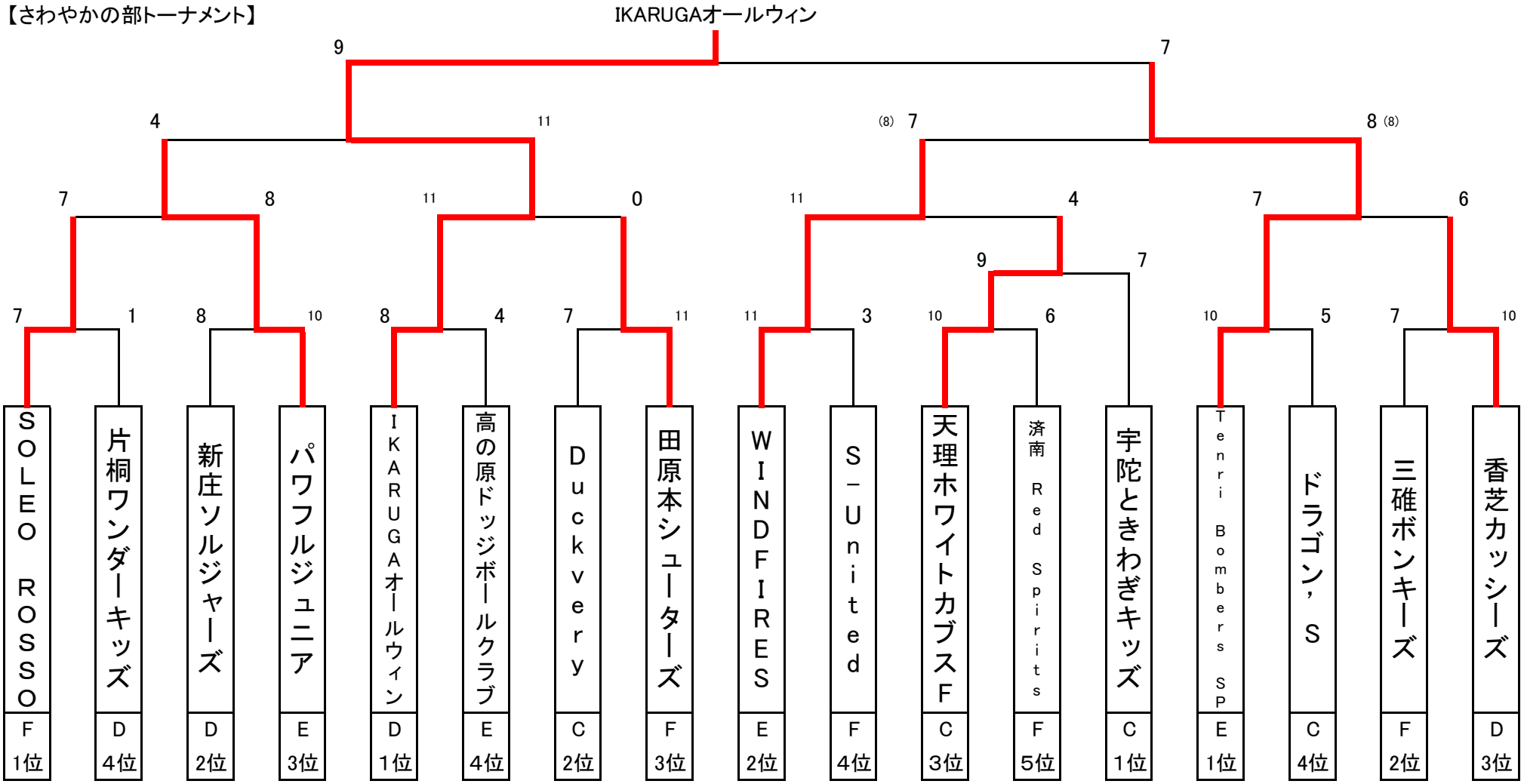【さわやかの部トーナメント】